

RACHEL GIFFORD

WRITING PORTFOLIO

Writing is an integral part of my creative life, both as a way for me to process the mess of human nature and a way to connect deeper with people around me. In songwriting, I write for both myself and professional singers looking for original songs to record.

ONLINE ARTICLES

- *The Blessing of Creative Limitations* originally published for Radiant NYC, to be republished on Substack in 2025.
 - *How Limitations Can Produce Creative Innovation in Us* originally for Radiant NYC, to be republished on Substack in 2025.
 - *3 Practical Ways to Fight Self-Doubt* originally published for Radiant NYC, to be republished on Substack in 2025.
 - *Rising through Dependency* originally published for Radiant NYC, to be republished on Substack in 2025.
 - *How to Find Beauty in Change* originally published for Radiant NYC, to be republished on Substack in 2025.
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SONGWRITING

- "[Darlin](#)" (music and lyrics), sung by Shelby Ringdahl on her DEBUT EP
 - "[Tired](#)" (music and lyrics co-written with Ryan Dunn)
 - "[For the Makers](#)" podcast intro (music and lyrics)
 - Rough recordings of other original work can be found on [SoundCloud](#)
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CONTACT

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